

GAME FORMATS 2025

(as determined by Northern Region Football and Whole of Football Plan)

Grade	Format	Game Length	Fixture Slot	Effective Pitch	Ball	Offside	GK	Approx Goal Size
STARTERS								
Under 5's Starters Mixed (U5)	WOFP	N/A	N/A	N/A	3	N/A	N/A	N/A
TAMAKI LEAGUE								
Under 6's Mixed (U6)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 6's & Under 7's Girls (U6/U7 Girls)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 7's Mixed (U7)	5 v 5	2 x 13 = 26	30	1/8	3	No	No	1.8 x .90
Under 8's Mixed (U8)	5 v 5	2 x 20 = 40	45	1/8	3	No	No	1.8 x .90
Under 8's and Under 9's Girls (U8/U9 Girls)	5 v 5	2 x 20 = 40	45	1/8	3	No	No	1.8 x .90
Under 9's Mixed (U9)	7 v 7	2 x 25 = 50	60	1/4	4	No	Yes	4m x 2m
MINI FOOTBALL (NRF Leagues) – ALL U9-U12 GRADES WILL PLAY THE RETREATING LINE								
Under 9's Boys (U9)	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 10's Boys (U10)	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 10's Girls (U10G) *	7 v 7	2 x 25 = 50	60	1/4	4	Yes	Yes	4m x 2m
Under 11's Boys (U11)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 11's Girls (U11G)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 12's Boys (U12)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m
Under 12's Girls (U12G)	9 v 9	2 x 27.5 = 55	60	1/2	4	Yes	Yes	4m x 2m

YOUTH FOOTBALL (NRF Leagues)								
Under 13's Boys (U13)	11 v 11	2 x 30 = 60	65	Full	4	Yes	Yes	Full
Under 13's Premiership TDP Boys (U13)	11 v 11	2 x 30 = 60	70	Full	4	Yes	Yes	Full
Under 13's NRF Conference Boys (U13)	11 v 11	2 x 30 = 60	70	Full	4	Yes	Yes	Full
Under 14's Boys (U14)	11 v 11	2 x 35 = 70	75	Full	5	Yes	Yes	Full
Under 14's NRFL Boys TDP (U14)	11 v 11	2 x 35 = 70	80	Full	5	Yes	Yes	Full
Under 14's Boys Conference (U14)	11 v 11	2 x 35 = 70	80	Full	5	Yes	Yes	Full
Under 14's NRFL Youth Girls (U14G)	11 v 11	2 x 35 = 70	80	Full	5	Yes	Yes	Full
Under 15's Boys (U15)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 15's NRFL Boys TDP (U15)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 15's Boys Conference (U15)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 15's Girls (U15G)	11 v 11	2 x 35 = 70	75	Full	5	Yes	Yes	Full
Under 16's NRFL Youth Girls (U16G)	11 v 11	2 x 40 = 80	90	Full	5	Yes	Yes	Full
Under 17's Boys (U17)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full
Under 17's NRFL Boys TDP (U17)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full
Under 17's Boys Championship (U17)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full
Under 17's Boys Conference (U17)	11 v 11	2 x 45 = 90	100	Full	5	Yes	Yes	Full

	Mixed Leagues (boys and girls eligible)
	Girls Only Teams* (girls encouraged to play in these teams)
	Boys Leagues (girls may enter if they wish)

* Girls only teams will only play against other girls only teams where team entries allow leagues to be formed.

Note: This information is believed to be correct at the time of publication but is subject to change.

